



# Coaching Mission International

*"Impacting Nations by Upholding Leaders"*

## What MCT Trainees are saying about the training and its impact!

The Mission Coach Training (MCT) program of CMI provides professional-level training in cross-cultural, life and leadership coaching for those who serve mission workers. Since June 2009, 36 trainees in two separate cohorts have been receiving and applying these coaching skills in their lives and work. They are located all over the world and are providing coaching in multiple languages. For security reasons we are limited in what can be included in a public document such as this. Following is a sampling of what they have to say about their MCT experience. If you are as inspired as we are and want to know more about CMI, coaching or the MCT program, contact us at: [MCTdirector@cmiprograms.com](mailto:MCTdirector@cmiprograms.com)

### How has the MCT training been helpful to you?

*The MCT program has been life changing for me and my wife. We came upon the program through a recommendation from a professional coach, and found that it matched this specific stage in our calling where we wanted to more powerfully develop the missionaries around us. - DH, MCT2009*

*I'm learning how to coach, and I'm coaching at the same time. I'm getting the experience I need while learning principles, reinforcing and making the teaching more clear. - DH, MCT2010*



*It has given me direction personally in a time of difficult transition. It has also given me tools to help other missionaries, to be more effective in their lives and ministries. - KB, MCT2010*

*It has really changed my attitude and approach to ministry. Instead of feeling I have to provide answers and help directly, I can help the client to discover what God is already placed within them. It has also given me an approach I can do long-distance, via Skype (or phone line) that allows me to interact with people I cannot meet with face-to-face. - WB, MCT2010*

*The Community, The Approach, The Structure, The Tools - BB, MCT2010*

*MCT has given me the opportunity to develop core leadership and communication skills while carrying out my existing responsibilities. The quality of the materials is excellent and the reading and exercises have helped me to grow and develop as a person. The teleclasses and peer sessions are a fun and practical way to apply the principles and grow in coaching competence and confidence. - DA, MCT2010*

### How has it impacted your personal life? ...ministry?

*I'm more aware of how common it is to give advice... and how often advice isn't really followed. People need to pursue things their own way, because otherwise they often don't pursue them at all. - DH, MCT2010*

*I have begun to think in a new way. I understand more about how the change process works on an individual level. Coaching is becoming a larger part of my ministry. - KB, MCT2010*

*I am not drained by my ministry and interacting with others as I used to be. Because I am not the one driving the conversation, but the client and the Holy Spirit are doing the work, I don't feel like I have less energy for my other responsibilities. In fact, coaching has energized me. It has also given me a non-threatening way to interact with unbelievers. - WB, MCT2010*

*Helped me to work on my own issues and grow as I'm coached and as I coach others. In terms of ministry, it has opened many doors to serve, connect, and impact people. - BB, MCT2010*

*The more I coach, the lighter my leadership load. - DB, MCT2009*

*MCT has helped me to develop my self-awareness, engage with and embrace the big picture of God's story in my life, and as a result I have begun to focus my ministry to function more out of who I am. MCT has helped me to grow in listening skills and in facilitating more effective meetings. - DA, MCT2010*

## How are you using the things you've learned?

*I cannot think of an area where I'm not using what I am learning! I am listening better to my wife and kids. In leadership I have used coaching skills in one to one, team, teaching, and large group contexts, and, also, in evangelism and personal reflection. - DA, MCT2010*

*I'm listening more and refraining from advice giving. It takes some discipline, but I'm learning more about people and what their hearts are set on and moving towards. - DH, MCT2010*

*Of course, I am using coaching in formalized settings, but am also using coaching techniques in informal settings, as I have opportunities to talk with missionaries. - KB, MCT2010*

*I am using the skills in everyday life, not just in coaching sessions. I am able to even coach myself when I run into a "bump." - WB, MCT2010*

*Daily in coaching relationships with non-believers and believers who are doing everything from serving as pastors to business owners of multi-million dollar companies. - BB, MCT2010*

*After launching out, we saw the influence of coaching in helping others to develop strong internal motivation. Besides coaching people individually, we have also been working with various YWAM locations to strengthen their staff and school one on ones. We've also found that coaching is a discipline that has helped to grow our marriage. The focus on listening and asking questions has steadily replaced telling and trying to interpret the thoughts and emotions of one another. - DH, MCT2009*

## What about the training process have you most appreciated, or been pleasantly surprised by?

*We have done lots of speaking, teaching and training, but have not encountered such strategic and well thought out adult education based training like we saw in the MCT Workshops and are experiencing ... through the teleclasses and peer coach training. We are adding to our "How to teach" folder quite often so that we can provide better teaching and training in topics even outside of leadership coaching. - DS, MCT2009*



*I like being able to learn and practice at the same time. I wasn't sure how I would ever be able to start coaching, but I'm getting my chance. - DH, MCT2010*

*For me, the most valuable parts of the training have been being personally coached, the peer coaching, and the reading. - KB, MCT2010*

*In a 15 minute peer coaching practice session, one major leadership issue was resolved, and in another, the coachee began to weep as he understood his deeper motivation for a current goal we were working on - and all this was in a practice session! - CT, MCT2010*

*How much it has changed my approach to life and ministry! I thought this would be a tool I would use, but it is actually such a whole approach to life that it's life-transforming and makes me more dependent on God in a partnership approach. I do not feel desperate to give answers myself, but let the client uncover them. I also appreciate the fact that we do a lot of demos (practice with one another) and learn from each other. It is a very supportive environment, and our trainers are also authentic and vulnerable about what they are learning as well. - WB, MCT2010*

*I have appreciated the quality of the materials and the grace and support of the CMI staff. It is a professional environment with standards but coupled with grace and trust. I feel that my trainers genuinely assume I am doing my best when I can't make all the classes or meet deadlines as I would like. - DA, MCT2010*

## What kind of experiences have you had actually coaching someone?

*I found myself in a coaching situation with a successful businessman lunch one day. By the end of lunch, I realized that the coachee had processed, planned, and pinned down some tangible goals. I later found out that he turned those goals into his strategic plan for the next year. God prepared me, placed me in that situation, and used what I learned with MCT to facilitate not only my coachee's thinking but also to facilitate the creation of a strategic plan for his company. - BB, MCT2010*

*In one of our practice sessions I was listening to someone share on of their dreams. As he did, he became overwhelmed with all that God had already done in him and all he had been privileged to experience. I wasn't really doing anything, but it was such a significant moment for him. It was a blessing just to be there for that moment in his life. - DH, MCT2010*

*I am coaching a European seminary President through her doctoral dissertation. She was stalled and her wheels were spinning. She was losing valuable time. In our coaching together she discovered what her internal obstacles were and is now making steady progress in her writing. - KB, MCT2009*

*I was coaching a woman struggling with her husband's business and her lack of support. As we started to talk, I asked her some questions that helped her see her heart. She started crying, and she realized that her real desire and goal was greater than her obstacles, and she felt motivated to change. She developed and implemented action steps that have been transforming her life, her marriage, and her husband's business. She is seeing the effects spill over into other areas of her life as well. - WB, MCT2010*

*Just recently I was coaching a leader of another youth organization, and he said this: "Everything that I am reading in the coaching workbook, and talking through with you is totally in line with God's growth agenda for my life. I'm not quite sure where all this is going, but it's been so good to focus more on my dreams and design rather than just becoming more efficient in fulfilling my daily work responsibilities." - DH, MCT2009*

*I had such an affirming, inspiring week of meetings last week. The participants were our top and middle-tier national leaders (about 25 people). Our topics were member care, leadership development, and spiritual nurture, and I was asked to train/share quite a bit about coaching in each of those arenas. I facilitated the whole day that centered on spiritual nurture, and used the coaching funnel to guide the process - so, I was teaching what coaching looks like while actually using the model with the group as a whole. I didn't know if it would work, but it worked soooooo well! My immediate supervisor, Matt, told me it was the most productive, on-task meeting he had ever participated in. All that to say that I am so thankful for the training I've received as a coach and continue to find ways to integrate that knowledge and experience into so many parts of life and work. - PS, MCT2009*

### **Would you recommend MCT training? Why?**

*I would recommend MCT because there is nowhere else I know of where you can be trained in such an important skill as coaching, for so little money, in a format that works for me, by people who care about the impact coaching will have on the world. - KB, MCT2010*



*Because we need more coaches in this world, and this training opens doors to get started. - DH, MCT2010*

*It is do-able; the time commitment is manageable, it is affordable, and the amount of benefit you receive is so much greater than any commitment or effort you put in. Coaching is one of those things that doesn't fit the adage "if it sounds too good to be true, it probably is." Even when I don't feel like doing the work, or even don't feel like coaching, when I get into the session, I am amazed at how God works and how much I am refreshed by the process as the coach. Not to mention the excitement I often hear in the voice of the client. - WB, MCT2010*

*MCT Training is Personal, Adaptable, Resourceful, Timely - BB, MCT2010*

*MCT training will help you to grow as a person, get in touch with who you are created to be, and focus your ministry role. All that while you learn how to coach others into the same benefits! It's a double blessing. - DA, MCT2010*

### **One final comment...**

*Leaving the field to move back to the States felt like having our heart and soul ripped out of us. The dear brothers and sisters that had become closer to us than family were so hard to leave. We thank God for the internet and CMI's foresight to strategically start the MCT course at a time where not only do we have high speed internet in the States, but also in these nations that we have been ministering to. To pick up new skills and strategies to be able to help the development and transformation of an underground pastor/leader over a Skype call has been so fulfilling. The training has helped us to feel even more confident that we can remain faithful to invest in leaders overseas even while living in rural America. - JS, MCT2009*